

MAY / 2009

Saving Lives...

One Heartbeat at a Time!

One Heartbeat at a Time



2009

5k RUN/WALK

All Proceeds Benefit the American Heart Association

When: Saturday, May 16, 2009
Race Begins: 9:00am
Packet Pick-up 8:00am-8:45am

Where: 15th and Olive
At the MSU gate

16



5k Run/Walk - \$25

1 mile Fun Run w/shirt - \$10 (student fee - \$5)



Deadline for guaranteed t-shirt is May 11, 2009

Mail to: Attn: AHA 5k - 306 Andrus Drive - Murray, KY 42071

or Deliver to: Vintage Rose - 303 N. 12th - Murray / Elements - 1205 Chestnut St. Murray

Make Checks Payable to: American Heart Association

Name: (last) _____ (first) _____

Age: _____ **Birthdate:** _____ **Male:** _____ **Female:** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____ **School:** _____

Emergency Contact: _____ **Emergency #:** _____

Adult Shirt Size: xs _____ s _____ m _____ l _____ xl _____ xxl _____

Childs Shirt Size: xs _____ s _____ m _____ l _____ xl _____ xxl _____

One t-shirt per participant

(excludes \$5 Student Fee package)

5k Run or Walk \$5 Student fee-no shirt 1 mile Fun Run with children's shirt

Race Waiver: I, individually, (and/or guardian of the named minor) in consideration of acceptance of this entry in this event, do forever waive any and all claims for myself and my heirs against officials, sponsors, and volunteers of the 5k heartrun/walk, for illness or injury which may result directly or indirectly from my participation. I further state that I am in proper physical condition to participate in this event. In addition, I agree that I will not participate with rollerblades, skateboards, animals, or anything which the race coordinator deems dangerous to myself or other participants. I also give permission for the use of my name and/or picture in any broadcast, telecast, or any other public account of this event. I will also allow my picture and name to be used in publications as a result of this race.

Signature: _____ **Date:** _____

Signature of Parent/Guardian (if runner is under 18) _____

A parent or legal guardian must sign for all participants under the age of 18.